

# गोंय विद्यापीठ

ताळगांव पठार,

गोंय - ४०३ २०६

फोन : +९१-८६६९६०९०४८



(Accredited by NAAC)

## Goa University

Taleigao Plateau, Goa-403 206

Tel : +91-8669609048

Email : registrar@unigoa.ac.in

Website : www.unigoa.ac.in

### SPORTS SECTION

Tel: 8669609018/8669609075

Email: [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in)

### PRESS NOTE

## Goa University Weightlifting Men and Women selection for Inter University Championship 2024-25

Goa University will conduct selection trials to form its Weightlifting Men and Women teams on 21st October, 2024 at 9:30 a.m. onwards. Students interested in attending the trials may report sharp at 9:30 a.m. at Silver Jubilee Hall, Goa University along with college identity card, Aadhar Card, Birth Certificate and playing kit.

Minimum qualifying standards is as follows;

Men										
Category	55kgs	61kgs	67kgs	73kgs	81kgs	89kgs	96kgs	102kgs	109kgs	Above 109kgs
Total (Snatch +Clean and Jerk) In Kilogram	199	237	239	252	275	272	265	266	244	265
Women										
Category	45kgs	49kgs	55kgs	59kgs	64kgs	71kgs	76kgs	81kgs	87kgs	Above 87kgs
Total (Snatch +Clean and Jerk) In Kilogram	113	136	132	153	153	160	148	120	127	120

Colleges are also requested to inform the Sports Section via email to [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in) if any of their Weightlifting players are unavailable during the above-mentioned date for selection, providing a reason for their absence, to be considered for the selection.

Date: 23/09/2024

(Mr. Balachandra B. Jadar)

Asst. Director of Phy. Edn. & Sports,  
Goa University