



Goa University

D. D. Kosambi School of Social Sciences and Behavioural Studies

Sociology Programme

Report on

Interactive Session on “Fostering Personal Development and Social Progress”

1. Title of the Event/Activity/program	Interactive Session on “Fostering Personal Development and Social Progress”
2. Date and Time	24 October 2024; from 11.30 am to 1.00pm
3. Mode of conduct (Physical/Online)	Physical mode
4. School	D. D Kosambi School of Social Science and Behavioral Studies
5. Detail of the Resource Person (Brief biodata)	<p>Dr. Lesan Azadi, director, Baha’i Academy, Panchagani, Maharashtra, chairman BoS, and Academic Council member, Savitribai Phule Pune University, Pune. Dr. Azadi obtained his BE in Metallurgy from the National Institute of Technology, Rourkela, and his Ph. D. in education from Savitribai Phule Pune University, Pune.</p> <p>Dr. Azadi has been serving as Director of Baha’I Academy for over three decades. He is working in the field of research and education in universal human values, teaching-learning methodologies, leadership for change, fostering youth development and social progress, and life skills.</p>
6. Number of Faculty attended/participated	10
7. Number of Student attended / participated	45

<p>8. The objectives of the Program/activity/event</p>	<ul style="list-style-type: none"> • To encourage participants to reflect on their strengths, values, and areas for growth to build a better understanding of themselves • To guide participants in setting achievable personal and professional goals, providing strategies for overcoming obstacles and monitoring progress. • To equip participants with tools and techniques for effective communication, active listening, and constructive feedback to enhance collaboration and relationship-building.
<p>9. Description of the Program/activity/event</p>	<p>The session began at 11:30 AM, with Ms. Rakshanda Mayekar, a Research Scholar in the Sociology program, serving as the event's compere. The welcome address was delivered by Prof. Ganesha Somayaji, Dean of DDKSSSBS, who greeted the guests with a floral welcome. Following this, Ms. Mahdia Hussaini, also a Research Scholar in the Sociology program, introduced the resource person, Dr. Lesan Azadi, along with his colleagues, Dr. Shashi Gaikwad and Ms. Elsie Sharma.</p> <p>Dr. Lesan Azadi initiated the session by posing a thought-provoking question to the audience: "What is personal development?" This interactive session was centered on exploring the link between individual personal growth and broader social progress. Dr. Azadi emphasized the importance of self-development and how each individual should work on their own personal well-being. He also conducted some activities for participants. He later discussed the National Education Policy (NEP) 2020, highlighting several key aspects.</p> <p>At the conclusion of the session, Dr. Joanna Coelho, Vice-Dean (Research) of DDKSSSBS, presented a token of appreciation to Dr. Azadi. The vote of thanks was delivered by Ms. Sangeeta R. Tate, the event coordinator.</p>

10. Benefit/Key outcomes of the Program/activity/event	<ul style="list-style-type: none"> • Participants engaged in reflective exercises that encouraged them to identify their strengths, weaknesses, values, and goals. • Greater clarity about personal goals and values
11. Enclosures with report	Brochure, Geo-tag photos, Attendance

Name of coordinator: Ms. Sangeeta R. Tate, *S.R.T.*
 Assistant Professor of Sociology

25/10/2024

Calva
 Dean,

DDKSSS
 D. D. Kosambi School of Social Sciences
 & Behavioural Studies
 Goa University
 Goa - 403206

Photographs of the Interactive Session on “Fostering Personal Development and Social Progress” held on 24/10/2024



Guest speaker Dr. Lesan Azadi along with his colleagues, Dr. Shashi Gaikwad, and Ms. Elsie Sharma with Prof. Ganesha Somayaji, Dean, DDKSSSBS



Dr. Lesan Azadi, delivering a lecture



Activity conducted for participants by Dr. Azadi



Dr. Joanna Coelho, Vice-Dean of Research, presented a token of appreciation to Dr. Azadi



Dr. Lesan Azadi with all the participants



GOA UNIVERSITY
D. D. KOSAMBI SCHOOL OF SOCIAL SCIENCES AND BEHAVIOURAL STUDIES
SOCIOLOGY PROGRAMME

ORGANISES

An Interactive session
on
'Fostering Personal Development
and Social Progress'



DR. LESAN AZADI,
DIRECTOR,
BAHAI ACADEMY, PANCHGANI,
MAHARASHTRA

GUEST SPEAKER

Prof. Ganesha Somayaji
Dean, DDKSSSBS



24 OCTOBER 2024

11:30AM- 01:00PM

Venue: Lecture Hall- 2, Block D
(Directorates Building)

Ms. Sangeeta R. Tate,
Assistant Professor of Sociology, DDKSSSBS
Coordinator



GOA UNIVERSITY

D. D. Kosambi School of Social Sciences and Behavioural Studies

Sociology Programme

Attendance Sheet

Interactive Session on 'Fostering Personal Development and Social Progress' on 24 October 2024

Sr. No.	Name of the Participant	Programme/School	Signature
1	Ajda Muzawar	Masters of Sociology	
2	Reetika Kurle	Masters of Sociology	
3	Marina Rodrigues	Masters of Sociology	
4	Kalpita Velip	Masters of Sociology	
5	Susmit Velip	Masters of Sociology	
6	Gauri Kerkar	Masters of Sociology	
7	Jwinelle Dias	Masters of Sociology	
8	Bhupali Gaonkar	Masters of Social Work	
9	Shorvari Bhave	Masters of Social Work	
10	Khushi Pasab	Masters of Social Work	
11	Vila Miranda	Masters of Social Work	
12	Suziel Fernandes	Masters of Social Work	
13	Pranali Gaonkar	Masters of Social Work	
14	Keval Naik	MSW DDKSSSBS	
15	Kevin Couto	MSW DDKSSSBS	
16	Vinayak Tiwrekar	MSW DDKSSSBS	
17	Peter F. Borge	MSW faculty	
18	Pratibha Asolkar	Sociology faculty	
19	Yashu Tanwar	Masters of Sociology	
20	Alisha Dias	MSW Faculty	
21	Dr. Kajal Rwanekar	Faculty, MSW, DDKSS	
22	Prachi Prabhu	Faculty, MSW, DDKSSSBS	
23	Sharon Jones Samuel	Masters of Social Work	
24	Nery Afonso	Masters of Social Work	
25	Poornima Pradeep	Master of Social Work	
26	Shamiya Hawaldar	MSW	



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October 2024

Sr. No.	Name of the Participant	Programme/School	Signature
26	Sreekala . K.P	master of social work	[Signature]
27	Rani Gupta	Master of social work	[Signature]
28	Joycy Manjun	Social work	[Signature]
29.	Akhay U. Bhardwaj	Sociology	[Signature]
30	Vanessa J. Fernandes	Sociology	[Signature]
31	Walruscha Rodrigues	Sociology	[Signature]
32	Sherric Saldanha	Sociology	[Signature]
33	Divya Kerkar	Social Work	[Signature]
34	Pratiksha Bhandari	Social Work	[Signature]
35	Marconi Debbarma	Sociology.	[Signature]
36.	D.S. Baveja	Sociology	[Signature]
37	Ninotchka Mendes	Sociology	[Signature]
38.	Dr. Mozinha Fernandes	Sociology	[Signature]
39.	Ms. TAKSHANA MAYERKAR	SOCIOLOGY	[Signature]
40.	Comdt (retd) Baljit Singh	Indian Coast Guard	[Signature]
41	COMDT. SHIV KUMAR MISHRA	Indian Coast Guard	[Signature]
42	Mahdia Hussaini	Sociology	[Signature]
43.	Sangeeta R. Tate	Sociology	[Signature]
44	Neha Shetty	Sociology	[Signature]
45	Shreya Gaonkar	Sociology	[Signature]
46	Bunayana Velip	Sociology	[Signature]
47	Ruchit Rodrigues	Sociology	[Signature]
48	Siya Naik	Sociology	[Signature]
49	Poonam Gauns Dessai	Sociology	[Signature]
50	Jyanna Coelho	Sociology	[Signature]
51	Mustaan Nadaf	Sociology	[Signature]

