



**Goa Business School
Goa University**

presents

LEARN MORE AND BEYOND

[Capacity Building and Skill Enhancement Series]

**Healthy Digital Habits:
Student's guide to better
focus**



Rijul Arora
**Certified Digital Wellness Educator and
Thought Leader | TEDx Speaker**

22, November 2024 (Online Mode)

11.00 a.m. to 1.00 p.m.

**<https://us06web.zoom.us/j/83242685230>
[pwd=zwoPD7OKbf21Jkdqb3VAMgDvLFGk6V.1](#)**

Session Coordinator - Dr. Pinky Pawaskar

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