



Goa University

Name of Directorate: Directorate of Visiting Research Professor Programme

Report on Lecture Series

1. Title of the Event/Activity/program	Lecture Series on “Map of Mind, The Philosophy of Ultimate Reality and Cognitive Transformation for Mental Well-Being. (Part-II)
2. Date and Time	22/04/2024 – 26/04/2024 3.00 pm to 4:30 pm
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	Directorate of Visiting Research Professor Programme
5. Collaborating Agency/School/Directorate	Foundation for Universal Responsibility of His Holiness The Dalai Lama
6. Detail of the Resource Person (Brief biodata)	Enclosed
7. Number of Faculty attended/participated	4
8. Number of Student attended / participated	10
9. No. of external students/faculty/other participants	12

10. The objectives of the Program/activity/event	The objective was to teach about emotional management. How to manage anger, depression, etc.
11. Description of the Program/activity/event	The classes clearly teach apart how the subject and object interact accordingly to Buddhist philosophy and at what point the person has the ability to control their reaction and the method to do so.
12. Benefit/Key outcomes of the Program/activity/event	The attendees were led to a theoretical understanding and then led through a meditative technique to recognize how to manage a difficult emotion. The attendees left confident that will practice, they can do so effectively.
13. Enclosures with report	Brochure, Photos, Attendance of students/faculty/external participants, Bio Data of the resource person.



**DIRECTORATE OF VISITING RESEARCH PROFESSORS PROGRAMME
Dalai Lama Chair in Nalanda Studies, Goa University
and**

**Foundation for Universal Responsibility
of HH The Dalai Lama**

**LECTURE SESSIONS
BY**



Geshe Dorji Damdul

**Visiting Research Professor under
Dalai Lama Chair in Nalanda
Studies, Goa University**

**FROM
22ND APRIL TO 26TH APRIL 2024**

TIME: 3:00 TO 4:30 PM

On

**MAP OF MIND, THE PHILOSOPHY OF ULTIMATE REALITY AND
COGNITIVE TRANSFORMATION FOR MENTAL WELL-BEING".**

"In Praise of Dependent Origination" by Lama Tsongkhapa as a textual source.

PART II

VENUE: D-VRPP SEMINAR HALL, GOA UNIVERSITY

Participants: Any Student at the Goa University is welcome to register. The Lecture sessions are open and free for students & general public.

The Participation Certificate will be issued to all those who maintain minimum 75% attendance for the course.

For detail and online Registration: www.unigoa.ac.in/vrpp

Course Coordinator: Dr. Anita Dudhane

**Prof. Savita Kerkar
Director, VRPP
(vrpp@unigoa.ac.in)**

Bio Data

Geshe Dorji Damdul is a prominent Tibetan Buddhist scholar and teacher. Here is a brief overview of his bio data:

Early Life and Education

- ❖ **Birthplace:** Tibet
- ❖ **Early Education:** He received his primary monastic education at Drepung Loseling Monastic University in South India.
- ❖ **Advanced Studies:** He later joined the Institute of Buddhist Dialectics, Dharamsala, for advanced Buddhist studies and philosophy.

Academic Achievements

- ❖ **Geshe Lharampa Degree:** Geshe Dorji Damdul achieved the highest monastic degree, the Geshe Lharampa, equivalent to a Ph.D. in Buddhist Philosophy.

Career

- ❖ **Translation Work:** He served as a translator for His Holiness the Dalai Lama for several years, assisting in numerous teachings and lectures globally.
- ❖ **Director:** Currently, Geshe Dorji Damdul is the Director of the Tibet House, Cultural Centre of His Holiness the Dalai Lama, in New Delhi, India.
- ❖ **Teaching and Lectures:** He is actively involved in teaching Buddhist philosophy, both within and outside India, and has been a visiting fellow at several international institutions.

Contributions and Publications

- ❖ **Books and Articles:** He has authored numerous books and articles on Buddhism, philosophy, and Tibetan culture.
- ❖ **Lectures and Workshops:** Geshe Dorji Damdul conducts workshops and seminars on Buddhist philosophy, meditation, and the integration of science and Buddhism.

Personal Qualities

- ❖ **Language Proficiency:** Fluent in Tibetan, English, and Hindi, which aids his teaching and translation work.
- ❖ **Dedication to Education:** Known for his dedication to spreading the teachings of Buddhism and fostering intercultural dialogue.

Attendance Sheet

Lecture Session by Geshe Damdul 2024						22.04.2024	23.04.2024	24.04.2024	25.04.2024	26.04.2024
1	Jyoti Pawar	jpawar@unipg.ac.in								
2	KANIKA KUSHWAHA	ekush2501@gmail.com	School of Biological sciences and Biotechnology							
3	Devika Mahadevan	devika.mahadevan@gmail.com			DM	DM	DM	DM	DM	✓
4	Sonal A Lathi	shiracoo@gmail.com			SH	SH	SH	SH	SH	✓
5	Anita Dudhane	andudha@gmail.com			AD	AD	AD	AD	AD	✓
6	Bridu Vaz	bridu.vaz@outlook.com mundstromsew3220@gmail.com			BV	BV	BV	BV	BV	✓
7	Darsh S Naik		Musht/Vand high school							
8	Ide Rosa Miller Mischenjee	ivestremind@yahoo.com								
9	Asha Mary Koethy	ashamarykoethy@gmail.com			Ash	Ash	Ash	Ash	Ash	✓
10	VasTA CHIDD	vachy002@gmail.com								
11	Akhan	ashanmariam15@gmail.com			Ak	Ak	Ak	Ak	Ak	✓
12	Snezhanskaya Nadezhda	aez7778@gmail.ru								
13	Ponug Paloh	ponugpaloh007@gmail.com								
14	Shriya Pooi	shriyapooi2001@gmail.com								
15	Dr Maria Norma Meneses	norma@unipg.ac.in swlailfemendes2402@gmail.com	Goa University faculty		Dr	Dr	Dr	Dr	Dr	✓
16	Swetal Femandes		D.D.K.S.S.B.S							
17	Dr. uda Joso	drudat234@gmail.com			UJ	UJ	UJ	UJ	UJ	✓
18	Sodharth seengupta	mageds@gmail.com			SS	SS	SS	SS	SS	✓
19	Chopé Terzin L Hector	hadrnzanzakar@gmail.com								
20	Dr. Zoya Joso	drzoa234@gmail.com			ZJ	ZJ	ZJ	ZJ	ZJ	✓
21	Jaya Pinto	jayapinto63@gmail.com			JP	JP	JP	JP	JP	✓
22	Sujata Kaisary	skaisary@gmail.com	Retd. Govt employee		SK	SK	SK	SK	SK	✓
23	Milan Khanolkar				MK	MK	MK	MK	MK	✓
24	Pragyan D M	met@unipg.ac.in	Project GBS		PM	PM	PM	PM	PM	✓

23	Jasna Coelho	jasnac@unipg.ac.in	Faculty		JC	JC	JC	JC	JC	✓
24	L.A. Lata Bhusari	lata@unipg.ac.in	Faculty		LB	LB	LB	LB	LB	✓
25	Nareni Carini	nareni@unipg.ac.in			NC	NC	NC	NC	NC	✓
26	Rishi D Nellore	rishi@unipg.ac.in	Faculty		RD	RD	RD	RD	RD	✓
27	P. S. Srinivasan	ps@unipg.ac.in			PS	PS	PS	PS	PS	✓
28	Abhishek	abhishek@unipg.ac.in			AB	AB	AB	AB	AB	✓
29										
30	Ms. Ranshika Marwah	ranshika@unipg.ac.in	Govt University	Ph.D. scholar						✓
31	Marconi Debbarami	marconi@unipg.ac.in	Govt University	Ph.D. student						✓
32	Bibin Paulose	bibin@unipg.ac.in	Govt University	Ph.D. student						✓
33	D. S. Ravish	ds@unipg.ac.in	Govt University	Ph.D. student						✓
34	Santosh Sundar	santosh@unipg.ac.in	G.U.C	Officer						✓
35										
36										
37										

Photos of Lecture Session by Geshe Dorji Damdul





Signature: *Anita Dudhane*

Name of coordinator: Dr. Anita Dudhane

Designation: Doctor

Date: 26/04/2024

sanitahakhe
Signature 30/7/24

Dean/Director/Head
Director
VISITING RESEARCH
PROFESSORS PROGRAMME

