

गोंय विद्यापीठ

ताळगांव पठार,

गोंय - ४०३ २०६

फोन : +९१-८६६९६०९०४८



(Accredited by NAAC)

Goa University

Taleigao Plateau, Goa-403 206

Tel : +91-8669609048

Email : registrar@unigoa.ac.in

Website : www.unigoa.ac.in

SPORTS SECTION

Tel: 8669609018/8669609075

Email: sports@unigoa.ac.in

PRESS NOTE

Goa University Powerlifting Men and Women selection for Inter University Championship 2024-25

Goa University will conduct selection trials to form its Powerlifting Men's and Women's teams for participation at the Inter University Championship 2024-25, during the Inter-College Powerlifting Women's and Men's Championship 2024-25, scheduled from 10th to 12th December 2024 and 16th to 20th December, 2024 respectively.

Minimum qualifying standards is as follows;

Men								
Category	59kgs	66kgs	74kgs	83kgs	93kgs	105kgs	120kgs	Above 102kgs
Total (Squat + Bench+ Dead lift) In Kilogram	540	575	665	695	700	785	745	667.5
Women								
Category	47kgs	52kgs	57kgs	63kgs	69kgs	76kgs	84kgs	Above 84kgs
Total (Squat +Bench + Dead lift) In Kilogram	275	327	412.5	390	425	360	310	435

Date: 05/12/2024

(Mr. Balachandra B. Jadar)
Asst. Director of Phy. Edn. & Sports,
Goa University