

गोंय विद्यापीठ

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(Accredited by NAAC)

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**PRESS NOTE**

**Goa University selection for Inter University Championship 2024-25**

**I. Goa University Swimming (Men and Women) team selection**

Goa University will conduct selection trials to form its **Swimming (Men and Women)** team on **9<sup>th</sup> December, 2024 at 9.30 a.m.** Students interested in attending the trials may report sharp at 9:00 a.m. at S.A.G's Swimming Pool, Campal, Panjim along with college identity card, Aadhar Card, Birth Certificate and playing kit.

Minimum qualifying standard enclosed at Annexure –I.

South West Zone Inter University Swimming (Men and Women) Championship 2024–25 is scheduled from 21<sup>st</sup> to 23<sup>rd</sup> December, 2024 at S.R.M. University, Chennai.

**II. Goa University Athletics (Men and Women) team selection**

Goa University will conduct selection trials to form its **Athletics (Men and Women)** team on **9<sup>th</sup> December, 2024 at 3.00 p.m.** Students interested in attending the trials may report sharp at 2:30 p.m. at S.A.G's Athletics Stadium, Cujira, Bambolim along with college identity card, Aadhar Card, Birth Certificate and playing kit.

Minimum qualifying standard enclosed at Annexure –II.

All India Inter University Athletic (Men and Women) Championship 2024–25 is scheduled from 26<sup>th</sup> to 30<sup>th</sup> December, 2024 at KISS - Deemed to be University, Bhubaneswar.

Colleges are also requested to inform the Sports Section via email at [sports@unigoa.ac.in](mailto:sports@unigoa.ac.in) if any of their athlete are unavailable during the above-mentioned date for selection, providing a reason for their absence, to be considered for the selection.

A handwritten signature in blue ink, appearing to be 'B. Jadar'.

Date: 04/12/2024

(Mr. Balachandra B. Jadar)  
Asst. Director of Phy. Edn. & Sports,  
Goa University

## Annexure- I

### Minimum Qualification Standard

#### Swimming and Diving Men and Women

Event	Qualifying Standard	
	Men	Women
<b>Swimming</b>		
50 mts Free Style	<b>00:24.86</b>	<b>00:29.28</b>
100 mts Free Style	<b>00:54.71</b>	<b>01:06.18</b>
200 mts Free Style	<b>02:03.42</b>	<b>02:24.54</b>
400 mts Free Style	<b>04:31.69</b>	<b>05:03.34</b>
800 mts Free Style	<b>09:27.01</b>	<b>10:27.27</b>
1500 mts Free Style	<b>18:22.74</b>	<b>22:08.12</b>
50 mts Back Stroke	<b>00:29.19</b>	<b>00:36.28</b>
100 mts Back Stroke	<b>01:02.15</b>	<b>01:19.54</b>
200 mts Back Stroke	<b>02:19.77</b>	<b>02:53.34</b>
50 mts Breast Stroke	<b>00:30.48</b>	<b>00:38.84</b>
100 mts Breast Stroke	<b>01:08.94</b>	<b>01:26.84</b>
200 mts Breast Stroke	<b>02:36.12</b>	<b>03:11.83</b>
50 mts Butterfly	<b>00:26.58</b>	<b>00:32.43</b>
100 mts Butterfly	<b>00:58.84</b>	<b>01:19.38</b>
200 mts Butterfly	<b>02:20.64</b>	<b>03:14.28</b>
200 mts Individual Medley	<b>02:22.00</b>	<b>02:57.41</b>
400 mts Individual Medley	<b>05:16.19</b>	<b>06:26.61</b>
4x100 mts Free Style Relay	<b>03:52.83</b>	<b>05:18.82</b>
4x200 mts Free Style Relay	<b>09:07.37</b>	<b>11:13.90</b>
4x100 mts Medley Relay	<b>04:17.39</b>	<b>05:50.82</b>
4x100 mts Free Style Mixed Relay	<b>04:24.98/04:56.61</b>	
<b>Diving</b>		
High Board	<b>147.95 points</b>	<b>55.35 points</b>
Spring Board (3 mts)	<b>109.4 points</b>	<b>118.5 points</b>
Spring Board (1 mts)	<b>130.40 points</b>	<b>113.65 points</b>

## Annexure- II

### Minimum Qualification Standard

#### Athletics Men and Women

Event	Qualifying Standard	
	Men	Women
1. 100 mts.	<b>11.10*</b>	<b>12.44</b>
2. 200 mts	<b>22.42*</b>	<b>25.19*</b>
3. 400 mts	<b>49.07*</b>	<b>57.65</b>
4. 800 mts	<b>1:56.70*</b>	<b>2:16.34</b>
5. 1500 mts	<b>3:52.70</b>	<b>4:36.06</b>
6. 5000 mts	<b>14:39.43</b>	<b>16:53.19</b>
7. 10000 mts	<b>30:35.15</b>	<b>37:29.03</b>
8. 100 mts Hurdles	-	<b>15.12*</b>
9. 110 mts Hurdles	<b>15.93</b>	-
10. 400 mts Hurdles	<b>57.57*</b>	<b>1:05.29</b>
11. 3000 m. Steeplechase	<b>9:04.07</b>	<b>11:11.70</b>
12. 20 Km. Walk	<b>1:37:15.07</b>	<b>1:45.49</b>
13. Half Marathon	<b>1:11:00.55</b>	<b>1:19:26.00</b>
14. Long Jump	<b>7.24m</b>	<b>5.57m</b>
15. High Jump	<b>1.95m</b>	<b>1.65m</b>
16. Triple Jump	<b>14.89m</b>	<b>12.16m</b>
17. Pole Vault	<b>4.30m</b>	<b>3.20m</b>
18. Shot Put	<b>16.38m</b>	<b>12.96m</b>
19. Discuss	<b>48.39m</b>	<b>45.32m</b>
20. Javelin Throw	<b>65.04m</b>	<b>42.95m</b>
21. Hammer Throw	<b>55.91m</b>	<b>49.98m</b>
22. 4x100 mts. Relay	<b>43.35</b>	<b>48.54</b>
23. 4x400 mts. Relay	<b>3:18.91**</b>	<b>4:15.69</b>
24. 4x400 mts. Relay (Mixed)	<b>3:36.03</b>	
25. Decathlon	<b>5484 points</b>	-
26. Heptathlon	-	<b>4105 points</b>
*Last year's 7 <sup>th</sup> position since 8 <sup>th</sup> position DNF/DNS		
**Last year's 6 <sup>th</sup> position since 7 <sup>th</sup> and 8 <sup>th</sup> position DNF/DNS		