



Goa University

Discipline of Philosophy, School of Sanskrit, Philosophy and Indic Studies

Report on “Integrating Universal Wisdom with Individual Contexts: Philosophical Counselling in Practice”

1. Title of the Event/Activity/program	Online guest lecture on “Integrating Universal Wisdom with Individual Contexts: Philosophical Counselling in Practice”
2. Date and Time	30 th November, 2024 & 4:00 PM to 6:00 PM
3. Mode of conduct (Physical/Online)	Online- meet.google.com/qup-wftd-dyg .
4. School	School of Sanskrit, Philosophy and Indic Studies
5. Detail of the Resource Person (Brief biodata)	<p>Prof. Balaganapathi Devarakonda is a Professor of Philosophy at the University of Delhi, Delhi. He was with the University of West Indies, Jamaica, as ICCR Chair for Indology and Gandhian Studies from 2022 to 2024. His research interests are in the Historiography of Indian Philosophy, Philosophy of Religion, Social & Political Philosophy and Philosophical Practice. In addition to teaching and research, Prof. Bala is a Certified Philosophical Counselor by the American Philosophy Practitioners Association (APPA) New York. He serves APPA as a board member of the International Faculty. He is one of the founding Directors of the Philosophical Practitioners Association of India (PPAI), a non-profit organization established to promote philosophical practice in India. Prof. Bala is an elected member of the International Federation of Philosophical Societies (FISP) steering committee (2024). He is a Project Fellow of “Great Transition in India: A Korean Perspective on Indian Studies” by the Institute of Indian Studies,</p>

	<p>Hankuk University of Foreign Studies, South Korea (2021–2024). A project themed Systemic Approach and Analysis to Neuro-Philosophical Wellness Solution is coinvestigated by him in collaboration with the Department of Philosophy, Ramjas College, New Delhi & SAANS Foundation, New Delhi, funded by ICPR, New Delhi (2021–2024). He is working on a project titled “Yoga Consciousness in Mahabharata: The Ethical Value for societal/political Wellbeing” (SPARC, 2019–2023).</p>
6. Number of participants	35-43
7. The objectives of the Program/activity/event	<p>Objectives of the online lecture:</p> <ol style="list-style-type: none"> 1. To introduce scholars, students and other participants to Philosophical Counselling as a therapeutic way to help another. 2. To learn more about Philosophical Counselling in Practice from Prof. Bala, an experiential practitioner. 3. To understand how integrating universal wisdom functions within individual contexts.
8. Description of the Program/activity/event	<p>Research scholars organize monthly online guest lectures in the Discipline of Philosophy, SSPIS which aims to expand the knowledge of philosophical perspectives and research among philosophy students, faculties, and the general public interested in philosophy.</p> <p>The following is the itinerary for the talk:</p> <p>General intro by Sanket Rivonkar Welcome Address by Bojana Brajkov Talk by Prof. Balaganapathi Devarakonda (-60 minutes) Q&A moderated by Akash Salgaonkar (-30 minutes) Vote of Thanks- Sagar Yadav</p>
9. Benefit/Key outcomes of the Program/activity/event	<ul style="list-style-type: none"> - The participants understood how integrating universal wisdom functions within individual contexts. - Learned more about Philosophical Counselling in Practice, as one of the possible career paths for trained Philosophers.

sheet. The recording of the lecture is available: [youtube.com/watch?v=c5-lvvqp-dg](https://www.youtube.com/watch?v=c5-lvvqp-dg)

Date: 11/12/2024



A handwritten signature in blue ink, appearing to read "K. K. Kulkarni".

Signature
Dean
Seal of the School

Dean
School of Sanskrit, Philosophy and Indian Studies
Goa University

SCHOOL OF SANSKRIT, PHILOSOPHY AND INDIC STUDIES • GOA UNIVERSITY

INTEGRATING UNIVERSAL WISDOM WITH INDIVIDUAL CONTEXTS PHILOSOPHICAL COUNSELLING IN PRACTICE

An online presentation by

PROF. BALAGANAPATHI DEVARAKONDA

Professor of Philosophy, University of Delhi, Delhi

30 NOVEMBER 2024, SATURDAY

4:00–6:00 PM

[MEET.GOOGLE.COM/QUP-WFTD-DYG](https://meet.google.com/QUP-WFTD-DYG)

ABSTRACT

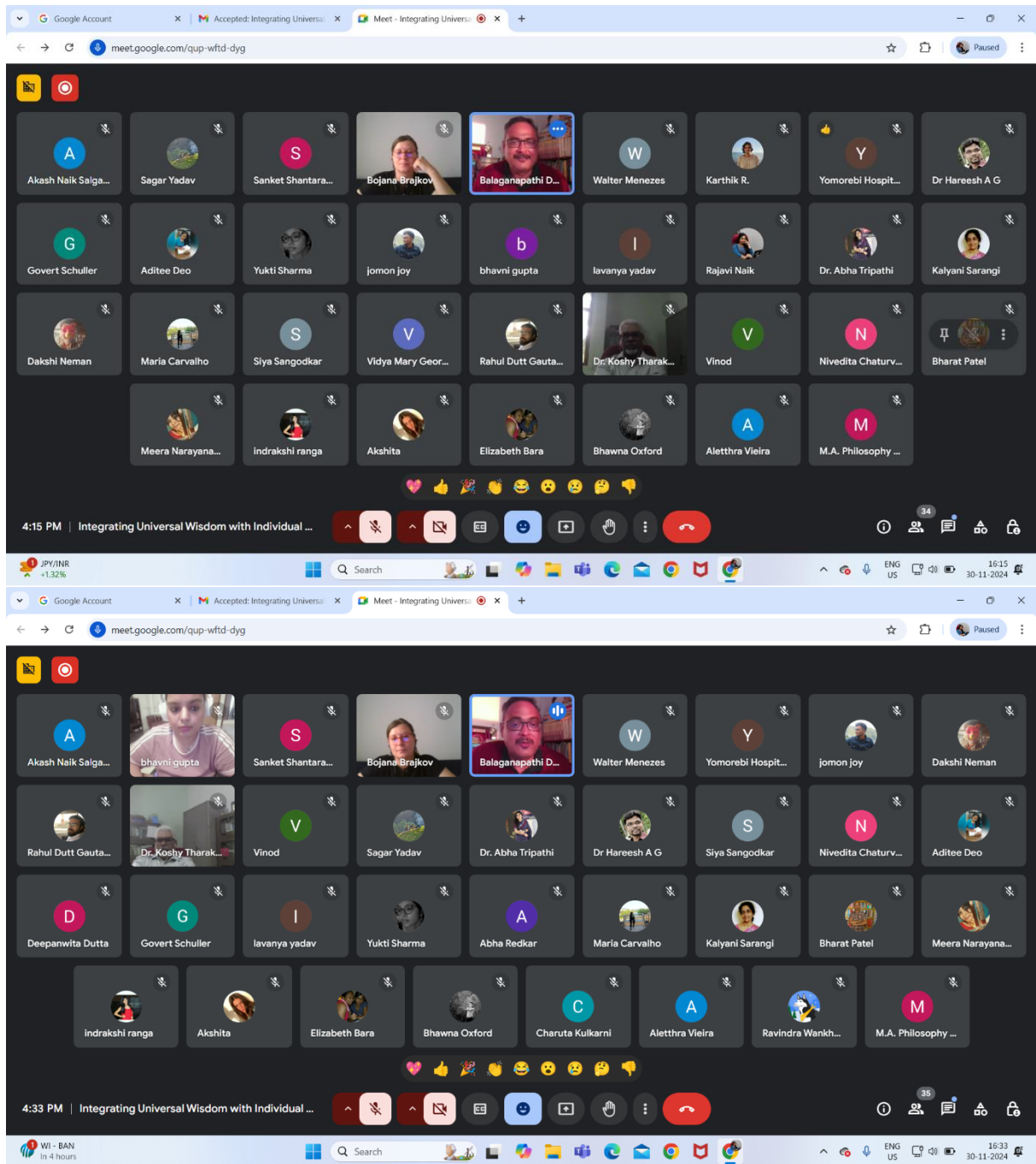
Everyday human life is an attempt to harmonise the universal wisdom to the specific contexts of existence to make sense of, what we call, 'Living.' Philosophical counselling, one of the recently emerged fields of philosophical practices, helps the counsees to discover, identify and regulate the universal wisdom of the individual and community in addressing everyday 'living' concerns through dialogue. In this particular sense, philosophical counselling is therapeutic in nature. This presentation addresses the following concerns, which are crucial to 'harmonising universal wisdom to individual contexts.' What role does the philosophical counsellor play in helping the counselee resolve the concern? What qualifications and expertise does the counsellor require to lead the counselee to a successful resolution? What role does the context play in binding/liberating the counselee to/from the concern? Can universal wisdom resolve context-specific concerns? How to address the concerns which are culturally rooted? Can a philosophical counsellor use his traditional philosophical expertise (say, Indian philosophy) in the counselling process? If so, what are the limitations? How to address 'insider' and 'outsider' problems in counselling? This presentation, while addressing the above concerns, will talk about some instances from some previous counselling sessions.

BIO

Prof. Balaganapathi Devarakonda is a Professor of Philosophy at the University of Delhi, Delhi. He was with the University of West Indies, Jamaica, as ICCR Chair for Indology and Gandhian Studies during 2022–2024. His research interests are in the Historiography of Indian Philosophy, Philosophy of Religion, Social & Political Philosophy and Philosophical Practice. In addition to teaching and research, Prof. Bala is a Certified Philosophical Counselor by the American Philosophy Practitioners Association (APPA) New York. He serves APPA as a board member of the International Faculty. He is one of the founding Directors of the Philosophical Practitioners Association of India (PPAI), a non-profit organization established to promote philosophical practice in India. Prof. Bala is an elected member of the International Federation of Philosophical Societies (FISP) steering committee (2024). He is a Project Fellow of "Great Transition in India: A Korean Perspective on Indian Studies" by the Institute of Indian Studies, Hankuk University of Foreign Studies, South Korea (2021–2024). A project themed Systemic Approach and Analysis to Neuro-Philosophical Wellness Solution is coinvestigated by him in collaboration with the Department of Philosophy, Ramjas College, New Delhi & SAANS Foundation, New Delhi, funded by ICPR, New Delhi (2021–2024). He is working on a project titled "Yoga Consciousness in Mahabharata: The Ethical Value for societal/political Wellbeing" (SPARC, 2019–2023). Prof. Bala has widely published with highly reputed publishing houses and journals like Springer, SAGE, etc.



Screenshots



- * Integrating Universal Wisdom with Individual Contexts: Philosophical Counselling in Practice
- * Meeting code: qup-wftd-dyg
- * Created on 2024-11-30 15:58:34
- * Ended on 2024-11-30 18:11:03

Full Name	First Seen	Time in Call
Abha Redk	#####	00:47:13
Aditee Dec	#####	02:09:22
Akash Naik	#####	02:12:28
Akshita	#####	01:45:22
Aletthra Vi	#####	01:30:10
Balaganap:	#####	02:12:11
Bharat Pat	#####	02:06:47
Bhawna O	#####	01:44:34
Bojana Bra	#####	02:12:22
Charuta Ku	#####	01:36:08
Dakshi Ner	#####	02:11:47
Deepanwit	#####	01:28:32
Diksha Rai	#####	00:43:02
Dipanki Sai	#####	00:02:00
Dr Hareesh	#####	01:53:03
Dr. Abha T	#####	02:06:53
Dr. Koshy T	#####	02:03:48
Elizabeth B	#####	01:13:35
Govert Sch	#####	02:09:50
Kalyani Sar	#####	01:48:41
Karthik R.	#####	00:30:54
M.A. Philo:	#####	02:12:28
Manas Mu	#####	00:17:05
Manav Kat	#####	00:01:32
Maria Carv	#####	01:27:59
Meera Nar	#####	00:32:40
Nivedita Cl	#####	00:47:18
Rahul Dutt	#####	01:04:51
Rajavi Naik	#####	00:01:14
Ravindra V	#####	00:39:25
Sagar Yada	#####	02:09:42
Sanket Sha	#####	02:10:55
Siya Sango	#####	01:08:08
Vidya Mar	#####	00:34:56
Vinod	#####	01:56:14
Walter Me	#####	02:04:54
Yomorebi I	#####	02:09:57
Yukti Sharr	#####	02:09:48
bhavni gup	#####	02:08:50
indrakshi r.	#####	02:07:36
jomon joy	#####	00:44:23
lavanya ya	#####	02:00:58