

गोंय विद्यापीठ

ताळगांव पठार,

गोंय - ४०३ २०६

फोन : +९१-८६६९६०९०४८



(Accredited by NAAC)

Goa University

Taleigao Plateau, Goa-403 206

Tel : +91-8669609048

Email : registrar@unigoa.ac.in

Website : www.unigoa.ac.in

SPORTS SECTION

Tel: 8669609018/8669609075

Email: sports@unigoa.ac.in

PRESS NOTE

ST. XAVIER'S COLLEGE WINS INTER COLLEGIATE POWER LIFTING MEN CHAMPIONSHIP 2024-25.

St. Xavier's College, Mapusa won the Inter Collegiate Power Lifting Men's Championship 2024-25 held from 16th to 20th December, 2024, organized by Goa University at Jubilee hall, Taleigao Plateau. Runner's Up position was secured by Rosary College of Commerce & Arts, Navelim and Third Place was shared by Don Bosco College of Engineering, Fatorda, Margao and Dnyanprassarak Mandal's College and Research Centre, Assagao.

Mr. Kayden Fernandes of Rosary College, Navelim won 'Strongest Man of Goa University' Title. Kayden Fernandes had a body weight of 64.4 Kg and his total performance in Squats, Bench Press and Dead Lift was 555 Kgs.

Chief Guest for the presentation ceremony Mr. Sylvester Dias, College Director of Physical Education and Sports, Agnel Institute of Technology and Design, Assagao , along with Mr. Balachandra B. Jadar, Asst. Director of Physical Education and Sports, Goa University graced the occasion and presented trophies and Medals to the winners.

EVENT WISE RESULTS

Upto and including 59 Kg:

- 1st Alton Almeida [425Kg 150Kg +92.5 Kg + 182.5 Kg] Shree Damodar College, Margao;
- 2nd Devdutt Gaude [390 Kg (150Kg +75Kg+165Kg)] Goa College of Engineering, Farmagudi;
- 3rd Sanskar Kunkalekar [365Kg (125Kgs +70Kg+170Kg)] Govt. College Khandola.

Upto and including 66 Kg:

- 1st Kayden Fernandes [555Kg (227.5Kgs +115Kg+212.5Kg)] Rosary College, Navelim;
- 2nd Mahesh Mazumdar [462.5Kg (160Kg + 95Kg+ 207.5Kg)] St. Xavier's College, Mapusa;
- 3rd Nathan Rebelo [452.5Kg (170Kg + 75Kg+ 207.5Kg)] Don Bosco Engineering, Fatorda.

Upto and including 74 Kg

- 1st Saisiddhant Naik [585 Kg (220 Kg +110 Kg+255 Kg)] G.R. Kare College of Law, Margao;
- 2nd Jesusly Rodrigues [537.5Kg (200 Kg +90Kg+247.5Kg)] Rosary College, Navelim;
- 3rd Samarth Bhosle [485Kg (195Kg +80Kg+210Kg)] M.E.S College, Zuarinagar.

Upto and including 83 Kg

- 1st Bhasker Gain [652.5Kg (265Kg +125Kg+262.5Kg)] D.B.C.E, Fatorda;
2nd Risbern Fernandes [515Kg (185Kg +105Kg+225Kg)] P.C.C.E College, verna;
3rd Vedant Morje [477.5Kg (190Kg +97.5Kg+190Kg)] St. Xavier's College, Mapusa.

Upto and including 93 Kg

- 1st Chetan Kambli [562.5Kg (205Kg +112.5Kg+245Kg)] S.S. Dempo College, Cujira;
2nd Beck Brad [557.5Kg (215Kg +112.5Kg+230Kg)] St. Xavier's College, Mapusa;
3rd Swayam Naik [550Kg (240Kg +95Kg+215Kg)] V. M Salgaocar College of Law

Upto and including 105Kg

- 1st Aryan Satardekar [597.5Kg (222.5Kg +122.5Kg+252.5Kg) **N.C.R**] D.M.C.R. Assagao;
2nd Vauldan D'Souza [520Kg (195Kg +135Kg+190Kg)] G.E.C Farmagudi;
3rd Alrich D'Costa [502.5Kg (180Kg +110Kg+212.5Kg)] St. Xavier's College, Mapusaq

Upto and including 120Kg

- 1st Saish Shetkar [497.5 Kg (180Kg +95Kg+222.5Kg)] St. Xavier's college, Mapusa;
2nd Yadnyadatta Pagi [490Kg (175Kg +95Kg+220Kg)] V. M Salgaocar Hospitality;
3rd Yash Gad [465Kg (170Kg +85Kg+210Kg)] D.M.C.R. Assagao.

Above 120 Kg

- 1st Anish Chodankar [350Kg (130Kg +60Kg+160Kg)] Sridora Caculo College, Mapusa;
2nd Wayne Miranda [280Kg (95Kg +65Kg+120Kg)] Rosary College, Navelim

* **N.C.R: New Championship Record**

Date: 20/12/2024



(Mr. Balachandra B. Jadar)
Asst. Director of Phy. Edn. & Sports,
Goa University



ICC 2024-25 Powerlifting Men Winners St. Xaviers College